



PEAK PERIODONTICS & IMPLANTS

SUPPORTING THE SMILE THAT SUPPORTS YOU

Nathan Antoine DMD, MS

Pre-Operative Instructions

Local Anesthesia (numbing)

- Please arrive 10-15 minutes prior to your appointment time.
- Familiarize yourself with your medications prior to your appointment.
 - If Rx antibiotics-take the loading dose 1 hour prior to your appointment. 2000mg of Amoxicillin or 2000mg of Cephalexin
 - If Rx ibuprofen-take 600mg 1 hour prior to your appointment - For children follow the recommended dosage according to weight/height.
- Please take all of your normal medications as prescribed by your physician, unless we instruct you otherwise.
- Do not wear excessive make-up or lipstick.
- Preferably, contact lenses should not be worn
- Minor patients under the age of 18 must be accompanied by a natural parent or legal guardian.
- If you use an inhaler, please bring the inhaler with you to your surgical appointment.
- If you are diabetic, please eat breakfast and take your medication as normal. Please check your glucose and bring your meter with you.

Nitrous Oxide (laughing gas)

- Same instructions as above
- In addition
 - Please consume a **LIGHT** breakfast and adjust any insulin dosages accordingly
 - Use a saline nasal spray or similar product the night before and the morning of to help clear your nose. You need to be able to take deep breaths in and out of your nose.
 - Take a decongestant the day before, if necessary
 - Remove nail polish
 - Wear a light or loose fitting top. Short sleeves is okay.

Oral Sedation (relaxation)

- Same instructions as top section
- In addition
 - Please consume a **LIGHT** breakfast and adjust any insulin dosages accordingly
 - Remove all nail polish
 - Wear a light or loose fitting top. Short sleeves is okay.
 - IF RX **LORAZEPAM**- TAKE 2 PILLS THE NIGHT BEFORE PROCEDURE. TAKE 3 PILLS 1 HOUR PRIOR TO PROCEDURE AND BRING THE LAST PILL WITH YOU TO BE DISPENSED IN OFFICE, IF NEEDED.
 - IF RX **TRIAZOLAM**- TAKE 1 PILL THE NIGHT BEFORE PROCEDURE. TAKE 1 PILL 1 HOUR PRIOR TO APPOINTMENT AND BRING THE LAST PILL WITH YOU TO BE DISPENSED IN OFFICE, IF NEEDED.
 - You must have a trusted driver (friend or family member) bring you to and drive you home from your appointment.

IV sedation (moderate sedation)

- Same instructions as top section
- In addition
 - Please hydrate well for two days prior to your appointment
 - YOU MUST NOT EAT OR CONSUME LIQUIDS FOR AT LEAST **EIGHT (8) HOURS** PRIOR TO YOUR SURGERY
 - If instructed to take medications the morning of your appointment, you will take with a small sip of water.
 - Remove nail polish
 - Wear a light or loose fitting top. Short sleeves is okay.
 - FOR WOMEN-PLEASE INFORM US IF THERE IS **ANY CHANCE** YOU COULD BE PREGNANT
 - If you take a GLP-1 medication, you must be off it for 3 weeks leading up to surgery
 - You must have a trusted driver to bring you to the appointment and wait during your procedure.